The role of TTE in assessment of the patient before and following TAVI for AS

John Fryearson MBChB MRCP, Nicola C Edwards PhD MRCP, Sagar N Doshi MD FRCP and Richard P Steeds MA MD FRCP FESC

University Hospital Birmingham NHS Foundation Trust & Institute of Cardiovascular Science, University of Birmingham, Edgbaston, Birmingham

Abstract

Transcatheter aortic valve implantation is now accepted as a standard mode of treatment for an increasingly large population of patients with severe aortic stenosis. With the availability of this technique, echocardiographers need to be familiar with the imaging characteristics that can help to identify which patients are best suited to conventional surgery or transcatheter aortic valve implantation, and what parameters need to be measured. This review highlights the major features that should be assessed during transthoracic echocardiography before presentation of the patient to the ‘Heart Team’. In addition, this review summarises the aspects to be considered on echocardiography during follow-up assessment after successful implantation of a transcatheter aortic valve.

Introduction

Transcatheter aortic valve implantation (TAVI) is now firmly established as a treatment for symptomatic aortic stenosis (AS) in patients who cannot undergo or who are considered too high risk for conventional surgical aortic valve replacement (SAVR). Since the advent of the PARTNER trial (1, 2), the adoption of TAVI has increased exponentially worldwide as a method of treating symptomatic AS (3). With further trials enrolling patients at intermediate as well as high risk (4), the indications for TAVI are set to grow and the demand for pre-procedural assessment will increase (Fig. 1).

European and American guidelines highlight the central role of the multidisciplinary (Heart) team when deciding on appropriate intervention in AS (5, 6). This team is tasked with the selection of those who would benefit most from SAVR or TAVI, and those who should not undergo intervention on the basis that they would not benefit in terms of either symptoms (minimum expected gain more than one NYHA class) or life expectancy (minimum expected survival >1 year following a successful procedure) (6). While a large and growing body of literature has confirmed both survival advantage and symptom benefit compared with medical therapy with TAVI (1, 2), one in four patients report only limited improvement in either quality of life or functional status (7), and almost one in five do not live beyond the first year following implantation (3). Scoring systems such as the Society of Thoracic Surgeons Risk Calculator or Euroscore fail to consider patient-specific factors including co-morbidity, major organ system compromise or patient frailty. A number of important factors, however, may be identified by a comprehensive transthoracic echocardiogram (TTE) to inform decision-making for the patient, and the aim of this review is to highlight...
those that should be emphasised in any report. There is a recent evidence to suggest that regular follow-up by TTE following implantation is important, and this review outlines what should be assessed following TAVI.

Pre-procedural transthoracic echocardiography

Aortic stenosis (AS) severity

The leading priority for the Heart Team is to ensure that each patient has a confirmed diagnosis of severe AS meeting class 1 indications for intervention (5). In the absence of symptoms, there is no significant increase in age-adjusted mortality with mild, moderate or severe AS (8) as compared with a combined procedural and 30-day mortality rate of 6% with TAVI (3). Therefore, confirmation that AS is severe and that symptoms are due to valve disease remains critical. One major and recurrent problem is inconsistency in grading severity of AS by TTE when using the standard haemodynamic parameters recommended for evaluation of severity, comprising maximal velocity, mean gradient and aortic valve area (AVA) (9, 10). This inconsistency can be attributed to several factors:

(i) Measurement of maximum velocity and highest mean gradient across the stenotic valve: This demands that multiple measures are made from different acoustic windows. In a recent study of 100 consecutive patients undergoing TTE for severe AS within a single department, the right parasternal window was superior for identifying maximal velocity (Fig. 2, Videos 1 and 2) (11). When sampling maximal velocity from only the apical window, nearly a quarter of patients were misclassified with two-thirds under-estimated as moderate AS, and a third with paradoxical low flow rather than normal flow severe AS. One of the factors thought to influence the non-apical location of the maximal peak velocity may be increasing angulation of the ventricular-aortic junction with advancing age.

Video 1

Example of higher CW peak velocity obtained from the right parasternal window. PLAX view with increased acuteness of the ventriculo-aortic angle. View Video 1 at http://movie-usa.glencoesoftware.com/video/10.1530/ERP-16-0004/video-1.

Video 2


(ii) Variability in acquiring the data and variability in measuring the data: Velocity measurements have a very low inter- and intra-observer measurement variability once acquired but left ventricular outflow tract (LVOT) dimension measures may vary between 5 and 9% between echocardiographers even using the same image (12). Even when reproducibility is optimised between echocardiographers, the LVOT
is elliptical in many patients with AS, and the 2D measure used for the calculation of the area on 2D TTE is often the shortest dimension, such that the continuity equation may still under-estimate the AVA (13). The variability is further accentuated in the hypertensive patient, in whom the LVOT orifice becomes progressively more elliptical, leading to under-estimation of stroke volume and AVA (14). This means that 3D TTE should be used when technically possible to measure the LVOT area, since this improves accuracy in grading (Fig. 3) (15). Stroke volume derived from 3D LV datasets can also be used as an internal validator for accuracy. The use of the Doppler velocity index (DVI), a ratio of the velocity time integral in the LVOTvti/AVvti, avoids the need for LVOT measurements altogether overcoming some of these inaccuracies. A partition value below 0.25 has been shown to identify a group of patients with a high rate of valve-related events, including death (16).

(iii) Discrepancy in measurement of AS severity relative to a low aortic valve area (AVA <1 cm²): Typically with a low maximal velocity or mean gradient (Vmax < 4.0 m/s; mean < 40 mmHg). After exclusion of measurement inaccuracy, one of the main reasons for this presentation is LV dysfunction (LVEF < 40%). While exercise stress echocardiography has much to add to the assessment of aortic stenosis in patients with preserved LV function, low-dose dobutamine stress echocardiography (to a maximum of 20 µg) is required in the assessment of AS severity and operative risk stratification in AS with impaired LV and low gradient. Confirmation that AS is severe requires demonstration of a maximal velocity above 4 m/s or mean gradient above 40 mmHg at any stage with AVA below 1.0 cm² at any flow rate (17). This is important not only in identifying patients who would benefit from AVR but also selecting out those patients at higher peri-operative risk with SAVR (LV stroke volume or EF improvement <25%).

Figure 2
Example of a higher CW peak velocity obtained from the right parasternal window. (A) shows the CW trace from the apical five-chamber view with a peak velocity of 3.9 m/s (the mean gradient was 38 mmHg), with the corresponding trace from the right parasternal window at 4.9 m/s and a mean gradient of 50 mmHg shown in (B). (C) shows a 2D image of the PLAX view with increased acuteness of the ventriculo-aortic angle which may well explain the discrepancy (Videos 1 and 2), with a more favourable alignment with the stenotic orifice and turbulent jet demonstrated in (D) from the right parasternal window.
The latter does not apply to TAVI, since LV impairment at time of procedure does not affect peri-procedural outcomes from percutaneous intervention but is a major factor in determining surgical survival (18).

The other main reason for a low maximal velocity or mean gradient, relative to a low aortic valve area (AVAi < 0.6 cm²/m²), is the presence of a low stroke volume (<35 mL/m²) in the context of preserved LV function (LVEF > 40%). Sub-group analysis of the PARTNER data clearly demonstrated improved survival in patients with the so-called low-gradient, low-flow, normal ejection fraction (LF LG nEF) severe AS following TAVI compared with medical therapy at 2 years (56.5% vs 76.9%) (19). Given the limitations in measurement of LVOT-derived stroke volume on Doppler, however, this diagnosis can be problematic and requires a systematic approach. First, visual assessment of the 2D appearance and mobility of the aortic valve are important with severe AS being unlikely if a cusp tip opens well or one leaflet remains mobile. A small study suggested that this had high specificity for the severity of aortic stenosis (20). Secondly, grading extent of valve calcification is an important factor in predicting outcome in AS (21), although visual estimation on 2D

Figure 3
(A) shows an example of using a 3D volume from TTE to planimeter the LVOT with offline MPR analysis. In this example, the LVOT is more ovoid in shape with focal calcification in the area of the aorto-mitral continuity. If this was measured on 2D dimension in the PLAX view, the derived LVOT area would be significantly underestimated compared with the true area. Image quality can be contrasted to two datasets from TOE studies showing circular (B) and ovoid (C) LVOT geometry. In (C), it can be seen that there is a more prominent basal septal bulge contributing to the ovoid shape. It can also be appreciated how the geometry of the LVOT varies with distance from the aortic annulus, which further exacerbates inconsistencies between PW flow sampling and LVOT area used in the continuity equation.
has high inter-observer variability (Fig. 4, Videos 3, 4, 5, 6, 7 and 8) (20). Thirdly, concomitant valve lesions which may reduce transaortic flow need to be identified; particularly severe mitral valve disease. Finally, other supporting characteristics of patients with true LF LG nEF AS should be highlighted in the echo report, including small LV cavity size (22), concentric remodelling with increased LV mass (23) and high valvulo-arterial impedance (Zva > 5.5 mmHg/mL/m²) (Fig. 5 and Video 9) (24). A simple additional marker of severity is M-mode-derived mitral annular plane systolic excursion, with a cut-off below 9 mm having high accuracy in separating out those with low-gradient, severe AS from those with low-gradient, moderate AS (25). Where these additional features are absent, imaging should be repeated to minimise measurement error and consideration should be given to the possibility that indexed AVA may be low as a result of a very low body surface area. It should also be remembered that there are inconsistencies between Gorlin formula-derived valve areas and Doppler-derived mean gradients used to generate guideline criteria partition values. Theoretical modelling has shown that with a normal flow rate and an EOA of 1 cm², a mean gradient would be expected to be closer to 30 mmHg than 40 mmHg. This means that the presence of LG normal flow nEF AS confers a better prognosis than low flow (26).

Combined AS and aortic regurgitation can be difficult to assess when both are in the moderate range, although the peak velocity across the aortic valve still holds prognostic weight in this situation (27). Identifying AR can be an important factor in determining management, for example, the presence of severe AR may prohibit palliative balloon valvuloplasty and would likely modify its use during the TAVI procedure itself.

Video 3

Video 4

Figure 4
Varying degrees of aortic valvular calcification. (A) and (D) show mild calcification in the PLAX and PSAX views, respectively (Videos 3 and 4); (B) and (E) show moderate (Videos 5 and 6) and (C) and (F) show severe (Videos 7 and 8).
Aortic valve morphology

There are important features of the aortic valve complex that deserve mention in the transthoracic report. First, the diastolic sinus of Valsalva diameter and height, diastolic diameter of the sinotubular junction, and the systolic left main coronary artery position may influence the size of TAVI selected as well as decisions about valve placement, although some may be better assessed on TOE (28). Secondly, consideration should be given to symmetry of opening of the aortic valve, in particular whether this is bicuspid or tricuspid. Congenital bicuspid AS presents earlier than degenerative disease and may affect the decision whether to proceed with surgery or TAVI. Although TAVI can be performed effectively in patients with a bicuspid valve, there is a higher incidence and greater severity of aortic regurgitation post procedure, as frequently as 28% of cases (29). Thirdly, calcification beyond the leaflets themselves is predictive of post-procedural AR and should be noted, particularly if there are ectopic deposits in the LVOT, sinus or proximal root (30). Calcific deposits around the coronary ostia increase the risk of coronary obstruction, while calcification within the aortic complex may increase the risk of annular rupture, root perforation, aortic wall haematoma and dissection (31). Finally, together with ectopic LVOT calcification, severe basal septal hypertrophy may influence the choice of prosthesis, although the latter is common in the elderly hypertensive patient. Balloon-expandable valves have a lower profile compared with self-expanding valves, but the positioning of both can be influenced by a severely hypertrophied basal septum.

Mitral regurgitation

Community studies have demonstrated that mitral regurgitation (MR) is the most common valve lesion, with prevalence increasing with age (32). The presentation of patients to the Heart Team with both severe AS and mitral regurgitation is, therefore, common, and has been reported in up to 74% elderly candidates undergoing SAVR or TAVI (33). Accurate quantification of MR on pre-procedural TTE is important. First, the presence of moderate-to-severe MR will lower maximal...
velocity and mean gradient across a stenosed aortic valve, which may lead to misclassification. Secondly, recent data have highlighted the adverse morbidity and mortality associated with residual moderate or severe MR following isolated SAVR (34). Several recent studies have considered the patient referred for TAVI who also has moderate-severe MR and these have focussed on two questions: first, does TAVI lead to change in severity of MR; secondly, if moderate-severe MR is left untreated, what impact does this have on early and late outcome? In contemporary TAVI cohorts, the incidence of moderate-severe MR appears to be around 15%, equally divided between primary (organic) and secondary (functional) aetiologies (33). In a recent meta-analysis of 9 studies including over 8000 subjects, moderate MR was present at baseline in 386 (5%) and severe in 135 (2%) patients. After TAVI, moderate MR improved in 48.2%, remained the same in 48.7% and deteriorated in 3.1%; whereas in severe MR, it improved in 57% and remained unchanged in the remainder (35). While MR may, therefore, improve following TAVI, the same meta-analysis also highlighted that those with residual MR post-TAVI are exposed to a similar increase in mortality following isolated SAVR (30-day mortality: HR 1.49, 95% CI 1.16–1.92; 1-year mortality HR 1.32, 95% CI 1.12–1.55). Although two earlier studies suggested that outcomes were better with functional rather than primary organic MR (36, 37), these findings were not confirmed in a recent meta-analysis.

**Figure 6**
Panels A, B, C and D (videos 10, 11 and 12) show the TTE of an 84-year-old gentleman before valve-in-valve TAVI for early bioprosthetic AVR failure. The MR jet seen is predominantly central, with heavy calcification of the aorto-mitral continuity and papillary muscles heads (latter best seen in the videos). The MR jet was quantified as moderate (EROA 0.26 cm$^2$, regurgitant volume 47 mls, systolic flow blunting on pulmonary vein, $E$ wave > 1.0 m/s). Panels E, F, G and H (Videos 13, 14 and 15) show the same views 6 months following TAVI. The direction of the MR jet has been altered – being more posteriorly directed, and (though gain settings are different) the aorto-mitral calcification is less prominent. The MR severity, however, does not look appreciably different on the TTE (EROA 0.2 cm$^2$, regurgitant volume 35 mls, systolic flow blunting on pulmonary vein, $E$ wave > 1.0 m/s). On TOE, the MR aetiology was clearly modified with new prolapse of the A2 segment of the anterior leaflet, and looked severe compared with moderate on a pre-procedural TOE. This is thought to be due to chordal disruption at the time of the procedure causing the segmental prolapse.
which showed outcomes were influenced by severity of MR but not aetiology (38). It is therefore imperative that any pre-procedural echo identifies both the presence and quantifies the severity of MR to optimise discussion of the patient in the Heart Team meeting (Fig. 6, Videos 10, 11, 12, 13, 14 and 15).

**Video 10**

**Video 11**

**Video 12**

**Video 13**

**Video 14**

**Video 15**

**Left ventricular function**
The prognosis of patients with symptomatic and asymptomatic severe AS is worse when associated with LV dysfunction. Even at extremes of left ventricular (LV) dysfunction (ejection fraction <20%), patients who survive SAVR have a much better prognosis than those managed medically (39, 40). In patients considered unfit for SAVR undergoing TAVI, there were no differences in 30-day or 1-year survival between those with LVEF above or below 50% (or in a smaller sub-group with LVEF <35%), and survival was higher than in medically treated patients (18). Even patients with severely impaired LV function should, therefore, be referred for discussion by the Heart Team, with current data suggesting that such patients may far better with TAVI than SAVR. Pre-procedural LV dysfunction did not affect 30-day mortality in the inoperable cohort, a finding confirmed in the high risk cohort of PARTNER (although those with LVEF <20% were excluded) (41). This contrasts with the increased 30-day mortality following SAVR, particularly in those with prior myocardial infarction (42). Interestingly, in the PARTNER B cohort, improvement in LVEF by >10% after TAVI was observed in half of patients considered unsuitable for SAVR and was more likely to occur in those with smaller pre-procedural LV internal dimensions and less mitral regurgitation (18). While improvement in LVEF does not appear to produce a survival benefit in inoperable patients, failure of LVEF to improve carries adverse prognostic significance in high risk patients at 1 year (41).

**Right ventricular function and pulmonary hypertension**
Pulmonary hypertension (PH) occurs in 25% of patients with severe AS and is more common in those with low LVEF, evidence of high filling pressure and moderate-severe MR (43, 44). Patients with high pulmonary artery pressure (PAP) have a peri-operative mortality as high as 35% with SAVR, which is a major reason for ‘surgical turndown’ (45). Registry data have demonstrated that PH (defined on TTE by systolic PAP >40 mmHg) does not adversely affect procedural success, early complication rate or 30-day mortality following TAVI but does increase 1-year mortality to 22% (28% >60 mmHg sPAP) (46). Despite the presence of high sPAP, patients continue to benefit symptomatically from TAVI and in some, PAP falls during follow-up. These echo data were supported in a retrospective analysis of 2180 patients undergoing invasive catheter studies from PARTNER A and the PARTNER registry, in which 1-year mortality was higher (25%) in those with moderate/severe PHT (mPAP >35 mmHg) compared with those with no PHT (18%, mPAP 25 mmHg) (47). In the latter study, risk stratification was further improved with clinical variables, including 6 min walk test, oxygen-dependent lung disease and impaired renal function, but the only echo-derived haemodynamic parameter of use was lower mean gradient.
Tricuspid regurgitation

TTE in patients with severe aortic stenosis requires a complete study of the tricuspid valve and right ventricle. Moderate or severe functional tricuspid regurgitation (TR) is present in about 5% patients referred for SAVR for severe AS (Fig. 7, Videos 16 and 17) (48). In these patients, residual TR following surgery does not improve in half of all patients, may be progressive and is associated with higher late mortality (49). In patients following TAVI, registry data suggest that moderate or severe TR is more common (15%) and does not improve in the majority of patients following implantation (50). Furthermore, TR was associated with a doubling of all-cause mortality at 2 years, an increase in risk that was found to be higher in an analysis of 542 patients from the inoperable PARTNER cohort (51). In this group, randomised to TAVI or medical therapy, mortality at 1 year was 32.6% with moderate TR and 61.1% in those with severe TR on pre-procedural TTE, an increase in risk that was more marked in those with only mild or no mitral regurgitation. Both right atrial dilatation and RV dysfunction were associated with mortality, but the association with outcome and RV dysfunction was lost on a multi-variate model. When assessing potential benefit from TAVI, the TTE needs to be reviewed for right atrial size from the apical four-chamber view, basal and mid-right ventricular dimension, and RV function based on fractional area change (52). The tricuspid valve needs to be assessed for severity of TR, aetiology and mechanism, with calculation of sPAP (Table 1).

Video 16

Video 17

Role of pre- and peri-procedural transoesophageal echocardiography

Transoesophageal echocardiography (TOE) has traditionally been used as an integral part of pre-screening patients under consideration for TAVI and peri-procedurally to assess the degree of paravalvular regurgitation and to detect complications (e.g. pericardial effusion) (28, 53). Although most of the patients within the PARTNER series of trials were treated with the assistance of...
intra-procedural TOE, recent data have suggested that TOE may not be necessary for safe placement of the valve or monitoring during TAVI (54, 55). One barrier to universal intra-procedural TOE has been the need for general anaesthesia (GA) and a purported increase in risk associated with general anaesthesia in an elderly population with multiple co-morbidities. Recent studies have shown similar safety and efficacy of conscious sedation (CS) compared with general anaesthesia (56), while others have demonstrated a benefit with CS in terms of reduced length of stay and lower cost (57). One issue that remains to be decided is the impact of intra-procedural TOE on paravalvular regurgitation post TAVI, which has been associated with increased 1-year mortality (3). The FRANCE 2 registry compared clinical outcomes for GA (n = 1377) and CS (n = 949), and showed a higher incidence of paravalvular leak > mild in the CS group (15.0% vs 19.1%; P = 0.015) in whom TOE use was considerably less frequent (76.3% vs 16.9%; P < 0.001) (58). Long-term follow-up is required to determine whether this difference has clinical consequence. While the role for intra-procedural TOE remains hotly debated, there is no question that the frequency of TOE during the TAVI procedure itself has declined.

In our centre, TOE is used pre-procedurally to clarify the severity of aortic stenosis where this is uncertain on TTE and when TTE is inadequate to provide accurate data on LV size and function, presence and severity of mitral regurgitation, RV size and function, pulmonary pressure and presence and severity of tricuspid regurgitation as outlined. In many centres, however, TOE is performed routinely as part of the pre-procedural assessment of the patient before TAVI and is vital in those centres that do not use alternative imaging modalities such as computed tomography to measure the annulus for valve sizing. There are a number of other published articles on the relative merits of TOE compared with other imaging modalities in measuring annulus size, extent of calcification and prediction of post-procedural outcomes that will not be discussed in this review (28).

**Post-procedure TTE**

Data from the UK TAVI registry show that over 80% of patients survive to 12 months and more than a third will be alive at 6 years, a figure likely to improve with advances in techniques and equipment (3). Consensus agreement for echocardiographic assessment following discharge includes a baseline study at 30 days, at 1 year and annually thereafter, though supportive evidence for optimal frequency is lacking (45) (Table 2).

**Table 1 Parameters for assessment during transthoracic echocardiography of the patient with AS under consideration for TAVI.**

<table>
<thead>
<tr>
<th>Pre-procedural assessment</th>
<th>Echocardiographic parameters</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Aortic valve</td>
<td>Valve cuspidity*</td>
</tr>
<tr>
<td></td>
<td>Leaflet appearance and mobility</td>
</tr>
<tr>
<td></td>
<td>Calcification – extent and location</td>
</tr>
<tr>
<td></td>
<td>Vmax – all windows, inc right parasternal</td>
</tr>
<tr>
<td></td>
<td>Mean pressure gradient</td>
</tr>
<tr>
<td></td>
<td>DVI (LVOT VTI/AV VTI)</td>
</tr>
<tr>
<td></td>
<td>3D LVOT area</td>
</tr>
<tr>
<td></td>
<td>AVA (indexed)</td>
</tr>
<tr>
<td></td>
<td>Stroke volume (indexed)</td>
</tr>
<tr>
<td></td>
<td>Evidence of remodelling (LVH)</td>
</tr>
<tr>
<td></td>
<td>ZVa*</td>
</tr>
<tr>
<td></td>
<td>Presence and severity of AR</td>
</tr>
<tr>
<td></td>
<td>LVH and distribution</td>
</tr>
<tr>
<td></td>
<td>LVEF</td>
</tr>
<tr>
<td></td>
<td>MAPSE</td>
</tr>
<tr>
<td></td>
<td>Severity of MR</td>
</tr>
<tr>
<td></td>
<td>Aetiology of MR</td>
</tr>
<tr>
<td>2. LV structure and function</td>
<td>RA size</td>
</tr>
<tr>
<td></td>
<td>RV dimensions</td>
</tr>
<tr>
<td></td>
<td>RV function</td>
</tr>
<tr>
<td></td>
<td>TR severity</td>
</tr>
<tr>
<td></td>
<td>TR Vmax and echo estimation of pulmonary hypertension</td>
</tr>
</tbody>
</table>

*When identifiable; *in cases of suspected low-flow low-gradient normal EF aortic stenosis.

DVI, Doppler velocity index; ZVa, valvulo-arterial impedance; EOA, effective orifice area.

**Table 2 Parameters for assessment during transthoracic echocardiography of the patient following TAVI.**

<table>
<thead>
<tr>
<th>Post-procedural follow-up</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1. THV Function</td>
<td>Stability and location</td>
</tr>
<tr>
<td></td>
<td>Stented frame geometry</td>
</tr>
<tr>
<td></td>
<td>Leaflet appearance and motion*</td>
</tr>
<tr>
<td></td>
<td>Vmax (compare to previous)</td>
</tr>
<tr>
<td></td>
<td>Mean gradient (compare to previous)</td>
</tr>
<tr>
<td></td>
<td>EOA</td>
</tr>
<tr>
<td></td>
<td>Paravalvular regurgitation</td>
</tr>
<tr>
<td></td>
<td>LVEF</td>
</tr>
<tr>
<td>2. LV function</td>
<td>Reverse remodelling (LVH regression, EF improvement etc.)</td>
</tr>
<tr>
<td>3. Mitral valve</td>
<td>Change in MR severity</td>
</tr>
</tbody>
</table>

*When identifiable.

EOA, effective orifice area.
Post-procedural AR remains a problem following TAVI, and though platform designs evolve with the main aim of reducing this outcome, UK TAVI data have shown that the incidence has not changed significantly and remains an important predictor of outcome (incidence of moderate or severe AR approximately 14%) (3). AR post TAVI is almost universally paravalvular in origin and can be difficult to assess on TTE, partly due to acoustic shadowing from the valve stent, contributing to significant variability in grading (Fig. 8, Videos 18, 19, 20, 21 and 22) (59). Recent guidance has been published to both illustrate the complexities of assessment and inconsistencies of grading, as well as provide a framework for its assessment (60). It is suggested that the echocardiographers should use five grades of severity (mild, mild-moderate, moderate, moderate-severe, severe) with a view to increasing flexibility while over time, improving accuracy and reproducibility. A multi-parametric and multi-modality approach should be used, with the key features including: structural appearances of the THV stent, features of the AR jet (number, jet path and vena contracta), jet width as percentage of LVOT and circumferential extent of the jet relative to the annulus. As yet, this grading system needs to be validated both against other imaging modalities and with outcome data. It is also important to remember that the presence of AR results in increased maximal forward velocity and mean gradient through the implanted TAVI, which must be considered if stenosis or obstruction is a possibility in follow-up.

**Video 18**

**Video 19**

**Video 20**
Recent evidence has emphasised the importance of the baseline study in which the haemodynamic parameters of the newly implanted TAVI valve are measured, including maximal velocity, mean gradient, effective orifice area and DVI. Although early TAVI thrombus is uncommon (61), late valve thrombosis at a median of 6 months that cannot be visualised using TTE has been identified only through change in haemodynamic parameters, with explanted valves clearly demonstrating thrombus within the stent structure (Fig. 9, Videos 23, 24 and 25) (62). It is important when making such measures to ensure that pulsed wave Doppler interrogation is performed proximal to the stent of the prosthetic valve (pre-stent) rather than proximal to the leaflets (in-stent), since the latter can result in underestimation of the effective orifice area and over-diagnosis of prosthetic valve dysfunction and prosthesis mismatch (63). Although early reports have come from CT-based studies, analysis of bioprosthetic valve failure suggests that greater than 50% increase in mean gradient from baseline over 5 years of follow-up is an important predictor of valve thrombosis (64).

**Video 21**

**Video 22**

Recent evidence has emphasised the importance of the baseline study in which the haemodynamic parameters of the newly implanted TAVI valve are measured, including maximal velocity, mean gradient, effective orifice area and DVI. Although early TAVI thrombus is uncommon (61), late valve thrombosis at a median of 6 months that cannot be visualised using TTE has been identified only through change in haemodynamic parameters, with explanted valves clearly demonstrating thrombus within the stent structure (Fig. 9, Videos 23, 24 and 25) (62). It is important when making such measures to ensure that pulsed wave Doppler interrogation is performed proximal to the stent of the prosthetic valve (pre-stent) rather than proximal to the leaflets (in-stent), since the latter can result in underestimation of the effective orifice area and over-diagnosis of prosthetic valve dysfunction and prosthesis mismatch (63). Although early reports have come from CT-based studies, analysis of bioprosthetic valve failure suggests that greater than 50% increase in mean gradient from baseline over 5 years of follow-up is an important predictor of valve thrombosis (64).

**Video 23**
Video 24

Video 25

Four other distinct causes of TAVI failure have been identified, including device migration, structural valve failure, compression and prosthetic valve endocarditis. Device migration, defined as ‘late’ when occurring greater than 1 h post procedure, accounts for around 10% of the total number of device embolisations (65). Cases have been reported up to a year post procedure and occur more commonly in balloon-expandable valves (83%) (66). Most are retrograde into the LV outflow tract and are associated with rapid haemodynamic collapse, although cases have been reported on identification with TTE alone. Risk factors for embolisation include low valve implant within the LV, absence of calcification to act as an anchor and basal septal bulge leading to loss of apposition. Valve stability should be scrutinised with reference to the baseline study to ensure that prosthetic position is maintained.

Structural valve failure with TAVI has been described rarely. Mylotte and coworkers identified 13 cases occurring within a 5-year follow-up and sharing a common aetiology to surgical bioprosthetic valve failure: pannus formation, leaflet degeneration and calcification, and rarely leaflet tear (66). On TTE, these complications present with unexpected valvar stenosis, regurgitation or combined lesions. Mylotte and coworkers also identified 7 cases of TAVI compression, only with balloon-expandable valves, and only on post-mortem analysis. In each of these cases, there was deformation of the stainless steel or cobalt-chromium stent, possibly as a result of chest wall compression during cardiopulmonary resuscitation. This mandates repeat TTE for any patient resuscitated with CPR following TAVI implantation.

A large multi-centre registry reported the incidence of infective endocarditis (IE) at 1 year following TAVI to be 0.5%, with the median time from implantation 6 months (67). The most frequent causal organisms were typical (81.8%), including coagulase-negative staphylococci, Staphylococcus aureus, and enterococci in similar proportions. Orotracheal intubation and the self-expanding Corevalve system were both associated with IE. Vegetations were identified in 77.4% of cases on echocardiography, though the proportion of these that were identifiable on TTE is not clear. Vegetations were identified on the valve leaflets, stent frame and mitral valve in 39.6, 17 and 20.7%, respectively.

Conclusion
Transcatheter aortic valve implantation is now accepted as a standard mode of treatment for an increasingly large population of patients with symptomatic severe AS. With the availability of this technique, echocardiographers will need to be familiar with the imaging characteristics of patients that are best suited to conventional surgery or TAVI, and what parameters need to be assessed. While there are clinical factors that heavily influence patient selection and outcomes, echocardiography plays an essential role in confirming the diagnosis of severe aortic stenosis as well as identifying factors that influence 1-year mortality, including aetiology and severity of MR, LV function, TR, RV dysfunction and pulmonary hypertension. TTE should then be repeated within 30 days of the procedure, to establish baseline parameters for follow-up including maximal velocity, mean gradient, valve area, position and competence of valve.

Declaration of interest
The authors declare that there is no conflict of interest that could be perceived as prejudicing the impartiality of this review.

Funding
This work did not receive any specific grant from any funding agency in the public, commercial, or not-for-profit sector.

References
4 The United Kingdom Transcatheter Aortic Valve Implantation (UK TAVI) Trial 2016 A multi-centre randomised controlled trial to assess the clinical effectiveness and cost utility of TAVI, compared with conventional surgical aortic valve replacement (AVR), in patients with severe symptomatic aortic stenosis at intermediate or high operative risk. UK Transcatheter Aortic Valve Implantation Trial ID number: ISRCTN757819173. (available at: https://www.ukctg.nihr.ac.uk/trials/trial-details/trial-details?trialId=3826)


22 Hachicha Z, Dumensil JG, Bogaty P & Pibarot P 2007 Paradoxical low-flow, low-gradient severe aortic stenosis despite preserved ejection fraction is associated with higher afterload and reduced survival. Circulation 115 2856–2864. (doi:10.1161/ CIRCULATIONAHA.106.668681)


guidancefeasibility and 30-day outcomes. JACC: Cardiovascular Interventions 5 461–467. (doi:10.1016/j.jcin.2012.01.018)


Received in final form 6 April 2016
Accepted 13 April 2016

www.echorespract.com

R34

Downloaded from Bioscientifica.com at 04/06/2019 02:17:03AM
via free access