The agreement between 3D, standard 2D and triplane 2D speckle tracking: effects of image quality and 3D volume rate

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Abstract
Comparison of 3D and 2D speckle tracking performed on standard 2D and triplane 2D datasets of normal and pathological left ventricular (LV) wall-motion patterns with a focus on the effect that 3D volume rate (3DVR), image quality and tracking artifacts have on the agreement between 2D and 3D speckle tracking. 37 patients with normal LV function and 18 patients with ischaemic wall-motion abnormalities underwent 2D and 3D echocardiography, followed by offline speckle tracking measurements. The values of 3D global, regional and segmental strain were compared with the standard 2D and triplane 2D strain values. Correlation analysis with the LV ejection fraction (LVEF) was also performed. The 3D and 2D global strain values correlated good in both normally and abnormally contracting hearts, though systematic differences between the two methods were observed. Of the 3D strain parameters, the area strain showed the best correlation with the LVEF. The numerical agreement of 3D and 2D analyses varied significantly with the volume rate and image quality of the 3D datasets. The highest correlation between 2D and 3D peak systolic strain values was found between 3D area and standard 2D longitudinal strain. Regional wall-motion abnormalities were similarly detected by 2D and 3D speckle tracking. 2DST of triplane datasets showed similar results to those of conventional 2D datasets. 2D and 3D speckle tracking similarly detect normal and pathological wall-motion patterns. Limited image quality has a significant impact on the agreement between 3D and 2D numerical strain values.
Table 1 Baseline characteristics of the study population. Considered cardiovascular risk factors were arterial hypertension, smoking, high blood cholesterol levels, diabetes and overweight.

<table>
<thead>
<tr>
<th></th>
<th>Minimum</th>
<th>Maximum</th>
<th>Mean</th>
<th>s.d.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age</td>
<td>35</td>
<td>91</td>
<td>60</td>
<td>12.8</td>
</tr>
<tr>
<td>BMI</td>
<td>19.6</td>
<td>35.1</td>
<td>25.8</td>
<td>3.2</td>
</tr>
<tr>
<td>EF (%)</td>
<td>43</td>
<td>82</td>
<td>61.7</td>
<td>10.2</td>
</tr>
<tr>
<td>Heart rate at rest</td>
<td>46</td>
<td>107</td>
<td>70</td>
<td>12</td>
</tr>
<tr>
<td>Systolic blood pressure</td>
<td>113</td>
<td>165</td>
<td>133.6</td>
<td>12.8</td>
</tr>
<tr>
<td>upon data acquisition</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Diastolic blood pressure</td>
<td>62</td>
<td>92</td>
<td>77.7</td>
<td>7.1</td>
</tr>
<tr>
<td>upon data acquisition</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Number of cardiovascular</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>risk factors</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Non-MI group</td>
<td>0</td>
<td>3</td>
<td>1.2</td>
<td>0.9</td>
</tr>
<tr>
<td>MI group</td>
<td>2</td>
<td>3</td>
<td>2.5</td>
<td>0.4</td>
</tr>
</tbody>
</table>

EF, ejection fraction; non-MI group, non-myocardial infarction group; MI group, myocardial infarction group.

same dataset, the 3DST emerges as a promising diagnostic method for the assessment of global and regional LV wall motion (13, 14, 15, 16, 17, 18), and previous research claimed its superiority over 2DST in quantification of normal wall-motion patterns and localising wall-motion abnormalities (11). In the 3DST analysis, the area strain combines the longitudinal and circumferential strain vectors, thus quantifying the variation of the surface of the analysed segment throughout the cardiac cycle. Its results have been shown to be consistent with LV wall-motion parameters such as the ejection fraction (EF) and wall-motion score index and with visual assessment of LV wall motion by experienced echocardiographers (19). The feasibility of area strain for the detection of early systolic dysfunction in heart failure patients has been demonstrated (20). Area strain has also been evaluated as a promising method for quantifying global LV mechanical dyssynchrony, thus as a potential additional parameter upon predicting success of cardiac resynchronisation therapy (21).

This study aims to test the agreement between 2DST on standard 2D and triplane 2D datasets, and 3DST. It was hypothesised that the image quality of the 3D datasets would influence the tracking quality and the results of the 3DST analyses and thus their correlation with 2DST. Upon data analysis, an influence of the volume rate of the 3D datasets (3DVR) on the intermethod agreement was detected. Although 3DVR was not regarded as an influential factor when the study was planned, its effects were analysed retrospectively, by postprocessing.

Methods

Study population and data acquisition

The study was designed as a prospective analysis. The patients were enrolled in addition to the initial cohort after beginning the data analysis. The total study population included 58 patients: three patients were excluded due to software failure to record all data required for the analysis. The remaining study population (n=55) was divided in two groups: the non-myocardial infarction (MI) group (n=37) included patients with no history of MI and with normal LV wall motion, undergoing echocardiography as a part of the clinical management of various conditions. The MI group (n=18) consisted of patients with previous anterior MI due to occlusion or narrowing of the left anterior descendent (LAD) artery, diagnosed by coronary angiography. All patients were in sinus rhythm at the time of data acquisition and had normal cardiac dimensions (left ventricular end diastolic volume (LVEDV) = 140 ± 20 ml). The baseline characteristics of the study population are given in Table 1. The comorbidities and relevant medications of the enrolled patients are given in Table 2. All patients underwent 2D and 3D transthoracic echocardiography at rest using a Vivid E9 scanner (GE Healthcare, Horten, Norway). The M5S probe was used to acquire the three standard apical long-axis 2D images of the left ventricle according to the actual recommendations (22). The mean temporal resolution of the 2D datasets was 59 ± 4 frames per second (fps). Triplane and 3D acquisitions were made from the apical position using the 4V probe. Triplane acquisitions are derived from the pyramidal data acquired with a 3D probe, from which the three standard apical cross-sections are extracted. The mean temporal resolution of the triplane acquisitions was 49 ± 5 fps. The 3D datasets were acquired during four or six cardiac cycles, depending on the spatial resolution and the cooperation of the patients. The pyramidal volume included

Table 2 Comorbidities and relevant medications of the enrolled patients.

<table>
<thead>
<tr>
<th></th>
<th>Non-MI group</th>
<th>MI group</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>(n = 37)</td>
<td>(n = 18)</td>
</tr>
<tr>
<td>Coronary heart disease</td>
<td>12 (32.4%)</td>
<td>18 (100%)</td>
</tr>
<tr>
<td>Diabetes</td>
<td>10 (27%)</td>
<td>8 (44.4%)</td>
</tr>
<tr>
<td>Hypertension</td>
<td>24 (64.8%)</td>
<td>15 (83.3%)</td>
</tr>
<tr>
<td>Rheumatic conditions</td>
<td>3 (8.1%)</td>
<td>0</td>
</tr>
<tr>
<td>(arthritis and</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bechterew's disease)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Renal insufficiency</td>
<td>5 (13.5%)</td>
<td>6 (33.3%)</td>
</tr>
<tr>
<td>Lupus</td>
<td>1 (2.7%)</td>
<td>0</td>
</tr>
<tr>
<td>High blood cholesterol</td>
<td>26 (70.2%)</td>
<td>18 (100%)</td>
</tr>
<tr>
<td>Use of β-blockers</td>
<td>14 (37.8%)</td>
<td>11 (61.1%)</td>
</tr>
<tr>
<td>Use of anti-hypertension drugs</td>
<td>24 (64.8%)</td>
<td>12 (66.6%)</td>
</tr>
</tbody>
</table>
the whole left ventricle. The 3D datasets had temporal resolutions ranging from 18 to 43 volumes/s (mean temporal resolution $29 \pm 5$). The evaluation of the LVEF was made using the biplane planimetry according to the Simpson’s method and the M-mode using the Teichholz method.

All patients gave consent to the study after full explanation of the purpose and nature of all procedures used. The investigation was approved by the Local Ethical Committee.

**Speckle tracking analysis**

All 2D and 3D speckle tracking analyses were performed offline using the EchoPAC Software version 112.0.0 (GE Healthcare). The analysed speckle tracking strain parameters included the global and segmental longitudinal strain detected on standard 2D, triplane 2D and 3D datasets, and the other strain vectors simultaneously quantified by 3DST analyses – circumferential, radial and area strain.

For the 2D strain analyses on standard 2D and triplane datasets, the Automated Function Imaging (AFI) programme (EchoPAC) was used. Topographic markers were manually set on each side of the mitral annulus and at the apex in all three apical standard views. The programme automatically tracked the endocardial border and calculated the myocardial region of interest (ROI) which was then tracked. Papillary muscles were included into the ventricular cavities and were not

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**Figure 1**

(a) Standard 2D longitudinal strain. (b) 2D triplane longitudinal strain. Examples of 2D speckle tracking (2DST) on standard (above) and triplane (below) datasets. The end of the systole (AVC, aortic valve closure) is marked.
part of the ROI. Where necessary, manual adjustments were made to the tracked endocardial border and/or to the ROI. The time markers required to identify end-diastolic and end-systolic frames were set with the help of pulsed-wave Doppler spectra of the LV outflow tract. The left ventricle was automatically divided into 17 segments according to the standard segmentation (23) and the segmental peak systolic strain (PeakSS) values were presented on colour-coded bull’s eye diagrams (Fig. 1a and b).

The 3DST analyses were performed using the 4D left ventricular quantification (4DLVQ) function (EchoPAC). The software performed a semi-automated speckle tracking measurement of the LV myocardium. The endocardial border was detected on the end-systolic and end-diastolic frames of the dataset. In each of these frames, topographic markers were manually placed in the middle of the mitral valve and in the LV apex. The endocardial border was automatically delineated. Where necessary, manual adjustments were made. The software automatically calculated
the LV volumes and computed the ROI for the speckle tracking. The endocardial and epicardial borders of the ROI were manually adjusted in order to ensure the inclusion of all myocardial segments in the strain analysis. All resulting strain curves were included into the analysis (Fig. 2). Cine loops containing the tracked areas, the bull’s eye diagrams and the respective tracking curves, as well as the correspondent frozen end-systolic frames, were saved, and the tracking data were exported in the form of numerical matrices for further analysis. The 2D and 3D global strain values were automatically calculated by the used software, so that they were directly extracted and compared. The segmental PeakSS values were computed differently by the 2DST and the 3DST algorithms. The AFI algorithm used for the 2DST analyses automatically calculated the PeakSS values for each segment and represented them together with the correspondent strain curves, whereas the 4DLVQ algorithm used for the 3DST analyses calculated the strain values for each frame of the analysed dataset. Therefore, the segmental PeakSS values of the 3D analyses were extracted from the numerical matrices of the 3D strain curves. The lowest strain value before the end-systolic frame was considered as the PeakSS value for the analysed segment and was stored for further analysis.

Interobserver variability

In order to test the interobserver variability, a total of ten patients with good image quality of the 3D datasets (six from the non-MI group and four from the MI group) were analysed in the same manner by a second operator, who was blinded to the results of the first measurement and to the diagnoses of the analysed patients.

Correlation analysis and statistical tests

Numerical analysis of strain values

The strain values were tested for normal distribution using the Kolmogorov–Smirnov test. Linear regression and the Pearson’s correlation coefficient were used to test the correlation between resting state global strain values and the LVEF in all enrolled patients. The agreement of global longitudinal strain (GLS) values detected by standard/triplane 2D and 3D speckle tracking was tested using linear regression and the method suggested by Bland & Altman (24). The significance of differences between standard 2D, triplane 2D and 3D GLS was tested using the paired samples t-test and the agreement between these parameters was tested using linear regression and the Pearson’s correlation coefficient. Also, global strain values

Figure 3
Examples of an aberrant 3D tracking curve due to image artifacts.
Table 3 Correlation coefficients of the analysed strain parameters.

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Pearson's correlation coefficient</th>
<th>95% CI</th>
<th>P value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Standard 2D GLS – LVEF</td>
<td>−0.75</td>
<td>−0.84 to −0.60</td>
<td>&lt;0.0001</td>
</tr>
<tr>
<td>Triplane 2D GLS – LVEF</td>
<td>−0.76</td>
<td>−0.85 to −0.61</td>
<td>&lt;0.0001</td>
</tr>
<tr>
<td>GLS 3D – LVEF</td>
<td>−0.57</td>
<td>−0.73 to −0.36</td>
<td>&lt;0.0001</td>
</tr>
<tr>
<td>GCS – LVEF</td>
<td>−0.57</td>
<td>−0.72 to −0.36</td>
<td>&lt;0.0001</td>
</tr>
<tr>
<td>GAS – LVEF</td>
<td>−0.60</td>
<td>−0.75 to −0.40</td>
<td>&lt;0.0001</td>
</tr>
<tr>
<td>GRS – LVEF</td>
<td>0.59</td>
<td>0.38 to 0.73</td>
<td>&lt;0.0001</td>
</tr>
</tbody>
</table>

GLS, global longitudinal strain; GCS, global circumferential strain; GRS, global radial strain; GAS, global area strain; LVEF, left ventricular ejection fraction.

Comparative analysis of regional strain values in the MI-group
The segmental strain results of the patients in the MI group were grouped according to the three main coronary territories (25). The average strain values in each territory were compared with the other territories using the paired samples t-test.

Interobserver variability
The intraclass correlation coefficient (ICC), percentage and mean difference and s.d. between two separate measurements were used to test the interobserver variability of the speckle tracking. Percentage was defined as the absolute difference divided by the average of two measurements. The 2D and 3D speckle tracking measurements were performed as previously described by a second observer who was blinded to the results of the first measurement.

The statistical analyses and data plotting were performed using the MedCalc Software version 12 (MedCalc Software bvba, Ostend, Belgium). The Microsoft Excel (Microsoft Corporation) and the HDF Viewer (HDF Group, Champaign, IL, USA) software were used for the data export and organisation.

Results
Correlation analysis between 2D/3D global strain parameters and the LVEF
The Pearson’s correlation coefficients between the 2D and 3D global strain values and the LVEF are given in Table 3. While the 2D GLS measured on monoplane and 2D triplane datasets showed good correlations with the LVEF, the 3D strain parameters correlated less. Even though only small differences were observed between the different 3D strain parameters, the global area strain (GAS) correlated best with the LVEF.

GLS values in non-MI and MI patients
The 2D and 3D GLS values in the MI group were consistently lower than those in the non-MI group, and the statistical significance of the differences between the two groups was confirmed by the t-test.

Correlation and comparative analysis of 2D/3D GLS
The linear regression diagrams of the standard/triplane 2D GLS and the 3D GLS are depicted in Fig. 4. Fig. 5 represents the corresponding Bland–Altman analysis, and...
the intermethod correlation coefficients can be found in Table 4.

Even though the correlations between the GLS values as measured with the three methods were very good, the Bland–Altman analysis revealed that the 2D GLS values measured on standard, as well as on triplane 2D datasets, were consistently higher than those of 3D GLS. The dispersion limits of the standard 2D vs triplane GLS analysis were significantly smaller than those of the standard/triplane 2D GLS vs 3D. Although the paired

Figure 4
Regression diagrams of standard and triplane 2D global longitudinal strain (GLS) and 3D GLS.

Figure 5
Bland–Altman plots of 2D global longitudinal strain (GLS) on standard and triplane 2D datasets and 3D-GLS.
samples t-test revealed no significant differences between the values of standard and triplane 2D GLS, it sustained the observations of the Bland–Altman analysis and reveals the statistical significance of the differences between standard/triplane 2D GLS and the 3D GLS values.

3DVR – dependence of differences between 2D and 3D GLS

While there was no significant difference in correlation between standard and triplane 2D GLS values in the two groups selected by 3DVR, the correlation coefficients between standard/triplane 2D GLS and 3D GLS significantly differed in the two groups. Lower correlation coefficients were observed in the group with higher volume rates. The correlation coefficients between GLS values in the two groups are represented in Table 5, and the results of the unpaired t-test between standard 2D GLS and 3D GLS in the two groups are represented in Table 6.

The Bland–Altman analysis of 2D and 3D GLS is shown in Fig. 6. The differences between 2D and 3D GLS were higher in the group with 3DVR higher than 30 volumes/s with comparable dispersion limits. In both groups, the standard 2D GLS had significantly higher absolute values than the 3D GLS.

Comparative analysis of segmental strain values

The correlation analysis of segmental PeakSS values performed using all detected data revealed rather moderate correlation coefficients, with a wide intertechnique variation of the exact segmental PeakSS values (Table 7). For a second analysis, the segments with poor 3D image quality and subsequent tracking artifacts were excluded according to the described criteria. From a total of 935 analysed segments, 112 (11.9%) were excluded. The regions from which most segments were excluded were the apical region (n = 52, 46%), the basal anterior and lateral regions (n = 32, 28%) and the basal anteroseptal region (n = 10, 9%). The remaining 18 (16%) excluded segments were from the mid-anteroepical and septal, mid-lateral and anterior, basal posterior and basal inferior regions. The exclusion of tracking artifacts due to poor image quality had a significant impact on intermethod correlations in all patients. Good correlations were found between the longitudinal PeakSS values of standard 2D and real-time triplane acquisitions, and the best correlation between 2D and 3D parameters was found between the 3D area strain and the standard 2D longitudinal strain.

Regional strain values in the MI-group

The analysis of regional strain values according to the main coronary territories in the MI group showed that all analysed 2D and 3D strain parameters detected lower regional strain values in the LAD territory compared with the other coronary territories. For all analysed strain parameters, the differences between the respective regional strain values were significant for the LAD vs left circumflex (LCX) and right coronary artery (RCA) territories. The differences between the LCX and the RCA territories were not statistically significant in the standard 2D and 3D longitudinal strain analyses and in the 3D area strain analysis. The 2D triplane longitudinal strain analysis revealed significantly higher regional strain values in the LCX territory. The results of the t-test analysis are represented in Table 8.

Interobserver variability

Table 9 gives the ICCs, the mean percentage variability and the mean differences between the measurements performed by two operators. Low percentage variability was observed, with smaller differences in standard and triplane 2D GLS measurements than in 3D measurements. Together with the high ICCs, these findings support a good interobserver agreement of the 2D/3D speckle tracking.

### Table 4: Correlation coefficients of standard, triplane 2D and 3D GLS.

<table>
<thead>
<tr>
<th></th>
<th>Pearson's correlation coefficient</th>
<th>95% CI</th>
<th>P value</th>
</tr>
</thead>
<tbody>
<tr>
<td>2D standard GLS – 2D triplane GLS</td>
<td>0.95</td>
<td>0.92–0.97</td>
<td>&lt;0.0001</td>
</tr>
<tr>
<td>2D standard GLS – 3D GLS</td>
<td>0.83</td>
<td>0.72–0.89</td>
<td>&lt;0.0001</td>
</tr>
<tr>
<td>2D triplane GLS – 3D GLS</td>
<td>0.81</td>
<td>0.69–0.88</td>
<td>&lt;0.0001</td>
</tr>
</tbody>
</table>

GLS, global longitudinal strain.

### Table 5: 2D/3D GLS correlations in the two 3DVR groups.

<table>
<thead>
<tr>
<th></th>
<th>3DVR &lt; 30 (n = 25)</th>
<th>3DVR &gt; 30 (n = 30)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Standard 2D GLS – Triplane 2D GLS</td>
<td>0.97</td>
<td>0.92</td>
</tr>
<tr>
<td>Standard 2D GLS – 3D GLS</td>
<td>0.86</td>
<td>0.71</td>
</tr>
<tr>
<td>Triplane 2D GLS – 3D GLS</td>
<td>0.85</td>
<td>0.67</td>
</tr>
</tbody>
</table>

GLS, global longitudinal strain; 3DVR, 3D volume rate. All correlations were statistically significant (P < 0.001).
The feasibility of 2DST as a quantificator of global and regional LV function in different clinical situations has been repeatedly claimed (1). The used software has the potential of delivering fast results with exact numerical quantification of the movement of the analysed myocardial sections. Testing the feasibility of 3DST is a matter of interest, because this method has the capacity to follow movement not in a single plane of the tridimensional LV wall motion, but simultaneously in its whole volume. Thus, it overcomes the major limitation of the 2DST – the ‘missing’ of out-of-plane movement. Therefore, 3DST has the potential of delivering more accurate, complete real-time analyses of the complex tridimensional LV wall motion. Nevertheless, it is this more complex nature of the 3DST that makes its results more vulnerable to low image quality and tracking artifacts, and potentially prone to interactions with other parameters, such as the frame rate of the analysed 3D dataset (26, 27).

Triplane 2D datasets have the advantage of a simultaneous acquisition of all three standard apical views, so speckle tracking measurements on these datasets also have a clinical potential. Interchangeability of standard and triplane 2D acquisitions could not be demonstrated in previous research (27) due to differences between frame rates of standard and triplane acquisitions, and limited ability to obtain appropriate apical probe positions for good image acquisition. Upon acquisition of triplane data for this study, a main focus point was the standardisation of the apical views, in order to obtain accurate images of the left ventricle.

Under these prerequisites, 2DST measurements on triplane datasets correlated good with standard 2DST in our analysis. This may support the interchangeability of 2D conventional and triplane datasets if the triplane acquisitions are properly standardised.

The comparative analysis of 2D and 3D GLS values showed very good correlation coefficients between

### Table 6 Unpaired t-test in the two 3DVR groups.

<table>
<thead>
<tr>
<th></th>
<th>3DVR &lt;30</th>
<th>3DVR ≥30</th>
</tr>
</thead>
<tbody>
<tr>
<td>Correlation coefficient</td>
<td>0.83</td>
<td>0.71</td>
</tr>
<tr>
<td>2D GLS – 3D GLS</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mean difference</td>
<td>1.62</td>
<td>2.06</td>
</tr>
<tr>
<td>Standard deviation</td>
<td>2.60</td>
<td>2.49</td>
</tr>
<tr>
<td>95% CI</td>
<td>0.65–2.59</td>
<td>1.03–3.09</td>
</tr>
<tr>
<td>Two-tailed probability</td>
<td>$P=0.0019$</td>
<td>$P=0.0004$</td>
</tr>
</tbody>
</table>

3DVR, three-dimensional volume rate; GLS, global longitudinal strain.

**Discussion**

The feasibility of 2DST as a quantificator of global and regional LV function in different clinical situations has been repeatedly claimed (1). The used software has the potential of delivering fast results with exact numerical quantification of the movement of the analysed myocardial sections. Testing the feasibility of 3DST is a matter of interest, because this method has the capacity to follow movement not in a single plane of the tridimensional LV wall motion, but simultaneously in its whole volume. Thus, it overcomes the major limitation of the 2DST – the ‘missing’ of out-of-plane movement. Therefore, 3DST has the potential of delivering more accurate, complete real-time analyses of the complex tridimensional LV wall motion. Nevertheless, it is this more complex nature of the 3DST that makes its results more vulnerable to low image quality and tracking artifacts, and potentially prone to interactions with other parameters, such as the frame rate of the analysed 3D dataset (26, 27).

Triplane 2D datasets have the advantage of a simultaneous acquisition of all three standard apical views, so speckle tracking measurements on these datasets also have a clinical potential. Interchangeability of standard and triplane 2D acquisitions could not be demonstrated in previous research (27) due to differences between frame rates of standard and triplane acquisitions, and limited ability to obtain appropriate apical probe positions for good image acquisition. Upon acquisition of triplane data for this study, a main focus point was the standardisation of the apical views, in order to obtain accurate images of the left ventricle.

Under these prerequisites, 2DST measurements on triplane datasets correlated good with standard 2DST in our analysis. This may support the interchangeability of 2D conventional and triplane datasets if the triplane acquisitions are properly standardised.

The comparative analysis of 2D and 3D GLS values showed very good correlation coefficients between

Figure 6 Bland–Altman plots of conventional and triplane 2D-GLS and 3D-GLS for 3DVR <30 and 3DVR ≥30 respectively.
where between 10 and 18 volumes/s (26), and the volume significant information loss occurs has been stated some-
2D and 3D strain measurements. The 3DVR at which
line density, which may lead to higher differences between
becomes impaired at higher volume rates, because of lower

In this study, the differences between the 2D and the 3D
occurs has been described around 50 volumes/s (27).

Two possible implications were considered for the
effects of 3DVR on the agreement between 2D and 3D
speckle tracking: first, if the volume rate is too low, the
resulting sampling bias would lead to an incomplete
detection (‘smoothing’) of the strain curves in the 3D
analysis, thus to loss of information and to lower and less
accurate absolute strain values compared to the 2D
analysis. This effect has been demonstrated by Yodwut
et al. (26). Second, the image quality of 3D datasets
becomes impaired at higher volume rates, because of lower
line density, which may lead to higher differences between
2D and 3D strain measurements. The 3DVR at which
significant information loss occurs has been stated some-
where between 10 and 18 volumes/s (26), and the volume
rate at which a significant reduction in spatial resolution
occurs has been described around 50 volumes/s (27).
In this study, the differences between the 2D and the 3D
measurements were higher in datasets with volume rates
higher than 30 volumes/s. Also, the correlations between
2D and 3D GLS were slightly lower in datasets with volume rates higher than 30 volumes/s. This unexpected
finding may be due to the ‘trade-off’ between temporal and spatial resolution. Although this effect was described
as significant at higher volume rates, our analysis points to
the fact that the 3DVR influences the agreement between
2D and 3D speckle tracking already at lower volume rates.

3D and 2D speckle tracking showed a similar capacity
of detecting and localising impaired LV systolic function.
All analysed strain parameters detected significantly lower
global strain values in patients with previous anterior MI
due to obstruction or narrowing of the LAD artery. In our
MI group, we assumed that a cumulative effect on the
regional wall motion would still be detectable in the LAD
region, if the analysed methods similarly localised wall-
motion abnormalities. The analysis of the numerical strain
data confirmed this supposition and revealed significantly
lower values in the LAD region than in the LCX/RCA
regions. This supports the 3DST as an additional tool for
the assessment of regional LV kinetics. Nevertheless, 3D
and 2D speckle tracking are not interchangeable methods
in the detection and quantification of regional wall-
motion abnormalities.

One of the important points of this study upon
validating 3DST against 2DST is the role of the image
quality of the 3D datasets. Although 3D global strain
parameters show very good correlations with their 2D
counterparts, the effect of poor image quality on the
reliability of 3D tracking results could be demonstrated
by the differences in the more detailed correlation analysis
of the segmental PeakSS values. The accuracy of 3DST-
derived segmental strain values is significantly influenced
by the image quality of the analysed dataset. This is also
a finding that does not support the interchangea-
ability of 2D and 3D speckle tracking. Segments with
aberrant tracking curves due to low image quality were
predominantly found in the apical region (probably due

Table 7  Mean correlation coefficients of PeakSS values before
and after exclusion of tracking artifacts due to limited image
quality (mean ± s.d.).

<table>
<thead>
<tr>
<th></th>
<th>Artifacts excluded</th>
<th>All segments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Area (3D) vs longitudinal (3D)</td>
<td>0.80 ± 0.11</td>
<td>0.73 ± 0.19</td>
</tr>
<tr>
<td>Area (3D) vs standard 2D</td>
<td>0.71 ± 0.07</td>
<td>0.38 ± 0.27</td>
</tr>
<tr>
<td>Area (3D) vs triplane 2D</td>
<td>0.66 ± 0.12</td>
<td>0.43 ± 0.24</td>
</tr>
<tr>
<td>Longitudinal (3D) vs standard 2D</td>
<td>0.58 ± 0.14</td>
<td>0.33 ± 0.28</td>
</tr>
<tr>
<td>Longitudinal (3D) vs triplane 2D</td>
<td>0.57 ± 0.14</td>
<td>0.32 ± 0.29</td>
</tr>
<tr>
<td>Standard 2D vs triplane 2D</td>
<td>–</td>
<td>0.66 ± 0.24</td>
</tr>
</tbody>
</table>

PeakSS, peak systolic strain.
standard/triple 2D and 3D GLS. Nevertheless, a sys-
tematic bias was observed between the 2D and 3D
measurements, which was also documented in other
publications (15): the 3D GLS values were systematically
lower than the 2D GLS values, with differences reaching
statistical significance. This effect was explained as an
effect of out-of-plane speckle patterns, as well as technical
differences between the two methods.

Two possible implications were considered for the
effects of 3DVR on the agreement between 2D and 3D
speckle tracking: first, if the volume rate is too low, the
resulting sampling bias would lead to an incomplete
detection (‘smoothing’) of the strain curves in the 3D
analysis, thus to loss of information and to lower and less
accurate absolute strain values compared to the 2D
analysis. This effect has been demonstrated by Yodwut
et al. (26). Second, the image quality of 3D datasets
becomes impaired at higher volume rates, because of lower
line density, which may lead to higher differences between
2D and 3D strain measurements. The 3DVR at which
significant information loss occurs has been stated some-
where between 10 and 18 volumes/s (26), and the volume
rate at which a significant reduction in spatial resolution
occurs has been described around 50 volumes/s (27).

Table 8  t-test between regional strain values according to the coronary territories in the MI group.

<table>
<thead>
<tr>
<th></th>
<th>2D standard longitudinal strain</th>
<th>2D triplane longitudinal strain</th>
<th>3D longitudinal strain</th>
<th>3D area strain</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>LAD</td>
<td>RCA</td>
<td>LCX</td>
<td>LAD</td>
</tr>
<tr>
<td>Mean regional</td>
<td>0.115</td>
<td>0.176</td>
<td>0.198</td>
<td>0.116</td>
</tr>
<tr>
<td>strain value Variance</td>
<td>0.0005</td>
<td>0.0004</td>
<td>0.0005</td>
<td>0.0007</td>
</tr>
<tr>
<td>Two-tailed</td>
<td>&lt;0.001</td>
<td>&lt;0.001</td>
<td>0.051</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>probability</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

LAD, left anterior descending; LCX, left circumflex; RCA, right coronary artery.
Table 9  Interobserver variability of speckle-tracking measurements (n = 10).

<table>
<thead>
<tr>
<th>Method</th>
<th>ICC</th>
<th>Percentage variability</th>
<th>Mean difference ± S.D.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Standard 2D GLS</td>
<td>0.98</td>
<td>4.71 ± 3.37</td>
<td>−0.01 ± 0.92</td>
</tr>
<tr>
<td>Triplane 2D GLS</td>
<td>0.98</td>
<td>4.8 ± 3.04</td>
<td>−0.21 ± 0.90</td>
</tr>
<tr>
<td>3D GLS</td>
<td>0.94</td>
<td>8.09 ± 2.28</td>
<td>−0.46 ± 1.25</td>
</tr>
<tr>
<td>3D GCS</td>
<td>0.97</td>
<td>5.74 ± 5.55</td>
<td>0.72 ± 1.01</td>
</tr>
<tr>
<td>3D GAS</td>
<td>0.91</td>
<td>9.96 ± 23.34</td>
<td>1.16 ± 3.47</td>
</tr>
<tr>
<td>3D GRS</td>
<td>0.97</td>
<td>6.36 ± 14.45</td>
<td>1.66 ± 3.38</td>
</tr>
</tbody>
</table>

ICC, intraclass correlation coefficient.

While the 2D monoplane and triplane longitudinal strain showed better correlations with the EF, the best correlation with 3D strain parameters was observed for the GAS.

Limitations

This study aims a detailed comparison of 2D and 3D speckle tracking with respect of the volume rate and image quality of the 3D datasets, with correlation analysis of segmental PeakSS values. Yet, the analysis of 2D and 3D tracking data is not performed in the same way. 2D PeakSS values were automatically calculated, whereas 3D PeakSS values had to be manually extracted from the 3D analyses. This could be a limitation, because the compared 2D–3D PeakSS values were not calculated by the same algorithm in a relatively small study cohort. It was attempted to test the capacity of the analysed methods to similarly localise the contraction deficit in a group of patients with angiographically diagnosed LAD-occlusion. Given the well-known variations of the coronary tree anatomy, the results yielded from the comparison of regional strain values from standardised coronary territories must be seen as approximations more than as exact correlation parameters. A comparison of regional strain values of segments grouped according to individual coronary tree anatomy could deliver a more accurate insights into this issue. The effect of aberrant 3D segmental tracking curves on the global strain curves in the 3D analysis was not accounted for. This is a potential source of error upon validating 3D global strain as an accurate parameter for the LV systolic function.

Conclusion

The image quality and 3DVR datasets seem to have a significant impact on the accuracy of the strain measurements. An important conclusion of this study is that common protocols of data acquisition regarding standardisation of views, frame or volume rate and image quality should be prerequisites in future studies of echocardiographic LV deformation imaging.

Also, due to the faster data acquisition and interchangeability with the standard 2DST measurements, 2DST on triplane datasets can be validated as a reliable method for the quantification of the LV systolic function, if a good image quality and standardisation of the analysed datasets are given. 3DST shows good agreement with the 2DST, rendering area strain as a reliable parameter. Nevertheless, the two methods are not interchangeable.
Declaration of interest
The authors declare that there is no conflict of interest that could be perceived as prejudicing the impartiality of the research reported.

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